

CAPITAL CHRISTIAN JR COUGAR BASKETBALL LEAGUE

CAPITAL CHRISTIAN ATHLETICS

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2012 CCS JR COUGAR COACHING SIGN-UP

Return this form to the Elementary or HS Athletic Office prior to: February 17

CCS depends on the time and effort put in by many volunteer coaches. If you would like to coach, please fill in the info below and return to the Elem/Athletic Dept. There are no coaching guarantees. Divisions will vary from year to year as to how many coaches are needed and available. You will be contacted when coaches are assigned –coming to Evaluations (Feb. 28) is encouraged.

PLEASE NOTE THAT BACKGROUND CHECKS WILL BE PERFORMED FOR ALL INDIVIDUALS CHOSEN TO COACH and LIVESCAPS (fingerprints) WILL NEED TO BE DONE

Name: _____ Phone: _____ E-mail: _____

Student: _____

Coaching involves one practice on a weekday/night per week. Games are played on one weekday/night per week. May involve some setup or breakdown for the first and last games of the day.

_____ Yes, I would like to be a head coach circle: Girls/Boys K-2 Girls 3-5 Boys 3-5

_____ I could help out if needed circle: Girls/Boys K-2 Girls 3-5 Boys 3-5

***Depending on sign ups – Div. could also be K/1, 2/3, 4/5**

All Grades will practice in the Activity Center/Multi primarily on a half court. As weather gets nicer, practices can be moved out to the outdoor courts. First practices begin at 3:30pm. Please circle first preference.

Monday	Tuesday	Wednesday	Thursday	Friday
3:30-4:30	3:30-4:30	3:30-4:30	3:30-4:30	3:30-4:30
4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30
5:30-6:30	5:30-6:30		5:30-6:30	5:30-6:30

All Grades will have games in the HS gym/Multi 1-2 days a week. First games begin at 3:30pm and will run as long as needed to fit all games in (not to go beyond 7:30pm).

Below are possible game times/no preferences given.

Monday	Tuesday	Wednesday	Thursday	Friday
3:30-4:30	3:30-4:30	No games	3:30-4:30	3:30-4:30
4:30-5:30	4:30-5:30		4:30-5:30	4:30-5:30
5:30-6:30	5:30-6:30		5:30-6:30	5:30-6:30
6:30-7:30	6:30-7:30		6:30-7:30	6:30-7:30

Comments (please list any conflicts): _____
